

5-Day Itinerary

DAY 1

Lounge on Long Bay Beach and admire the turquoise water and sugar-soft sand.
Enjoy some lunch at Sui Ren
Do kiteboarding or stand-up paddleboarding at the resort in the afternoon
Enjoy dinner at Salt

DAY 2

Head over to Provo Ponies do some horseback riding
Back to the marina for lunch at Jammin' by the Sea
Indulge yourself with a spa treatment at Elevate Spa
Dine and enjoy the nightlife at Ice Bar & Fire Lounge

DAY 3

Start off the morning with a round at Provo Golf Club
Have some lunch at the Fairways Grill
Do some shopping at Regent Village or Salt Mills Plaza
Back to the marina for dinner and nighttime festivities

DAY 4

Take a trip over to North Caicos
View Flamingo Pond Overlook the flocks of more than a thousand flamingos
Tour the Wades Green Plantation, a 1789 Loyalist plantation
Kayak through the mangrove wetlands and shallow waters around the island

DAY 5

Visit the quiet island of Salt Cay
Explore Balfour Town and dine in one of the few restaurants on the island
After lunch visit Big Sand Cay and see the breathtaking uninhabited cay with a beautiful beach
View the remnants of the salt production industry at many Salinas around the island

